

Please donate a pair of used running shoes for our collection efforts. We will be donating to the less fortunate.

Thank you,
The Waterloo Optimist

The Waterloo, IL Optimist Club 9th Annual 5K Competitive Run & 5K Fun Walk



Friend of Youth
Serving the Community Since 1954

Driving Directions from the North

255 South
Route 3 South
Left on North Market
Left on East 1st St.

Date: August 27, 2011

Place: Rogers Elementary School

Start Time: 8:00am

200 N Rogers St
Waterloo, IL 62298

Divisions for Male & Female participants:

Age: 14 & Under	25-29	40-44	55-59	80 & Over
15-18	30-34	45-49	60-69	Heavy Weight for 225 Plus Pounds
19-24	35-39	50-54	70-79	Wheelchair

Entry INFO: \$20 registration if postmarked by August 20th

\$25 registration if postmarked after August 20th

Race T-shirts guaranteed for those postmarked by Aug 20th

Send Checks To: Waterloo Optimist Club, c/o Brad Karn, 9 Country Lakes Ln, Waterloo, IL 62298. Make checks to: Waterloo Optimist Club

Race Director: Brad Karn (618) 939-3970 or Email: Bradkarn@hotmail.com

Race Day Registration: 6:45-7:30AM (Packet pickup at check in/registration)

Proceeds: All proceeds will benefit local youth programs

Refreshments: Provided before and after the race

Bathroom and Changing Areas: Available at Rogers Elementary School

5K Course: City streets with rolling hills, out and back

Race will be held regardless of the weather, delayed start for dangerous weather

Awards Presentation and Attendance Prizes at the completion of the event

Trophies for 1st, 2nd and 3rd place finishers, plus 1st overall finishers for men and women

HOLD HARMLESS CLAUSE / WAIVER & RELEASE FROM LIABILITY

NAME (print) _____ Age(race day) _____ Sex _____ Heavyweight _____ Wheelchair _____

Street _____ City _____ State _____ Zip _____

Shirt Size: YS YL S M L XL XXL Phone # (_____) _____

Please read this form carefully and be aware that in registering and participating in this event you will be waving all claims for injuries you might sustain arising from this event. As a participant in the Waterloo Optimist Club 5K Run/Walk Race for Youth, I recognize and acknowledge that there are certain risk of physical injury and I agree to assume the full risk of any injuries, including death, damages or loss which I may sustain as a result of participating in any and all activities connected and associated with such event. I agree to waive and relinquish all claims I may have as a result of participating in the event against the Waterloo Optimist Club and its members. I do hereby fully release and discharge the Waterloo Optimist Club and its members from any and all claims from injuries, including death, damage or loss, which I may accrue to my participation in this event. I further agree to indemnify and hold harmless and defend the Waterloo Optimist Club and its members from any and all claims resulting from injuries, including death, damages and losses sustained by me and arising out of, connected with, or in any way associated with the activities of the event.

Signature of Participant

Date

Signature of Parent or Guardian - If under 18

Date